

**Tara (Good Night Oklahoma)**

I love the **Homedics Soundspa On-The-Go**. Attach it on your infant car seat for naps in the car and the music setting is great for creating a relaxing mood during your little ones bedtime routine.

**Jamie (Good Night Halton)**

Our son will request his "sleepy music" (white noise) in the car when we are traveling far, so we have the sound on each of our phones. Pairing one of our phones with the **iHome Bluetooth** speaker means we can use our white noise anywhere we go.

**Liane (Good Night Ottawa)**

The **Gro Anywhere Blind** is compact, easy to use and creates a room perfect for sleep. What I also love about this product is that it doesn't take up a lot of room in your suitcase and is something you can use from newborn, toddler and beyond.

**Julia (Good Night North Carolina)**

**Comfy Critters** are a great way to reduce the amount of packing, by having a stuffed animal that unfolds to a pillow and blanket. It will provide a familiar item from home while helping to ease the transition while you are away.

**Laura (Good Night Toronto)**

We travel extensively and we never left home without the **Baby Bjorn Travel Crib Light**. Its super light, compact, and takes up virtually no room whatsoever. It's a simple design, no bells and whistles and your perfect travel crib.

**Erin (Good Night Durham)**

The **Shrinks Indoor Toddler Travel Bed** is great for your next trip. It inflates in 30 seconds, allows you to tuck in your toddlers sheets (fit standard crib sheet), only weighs 8lb, and has raised sides to prevent your little one from rolling out.

**Kristina (Good Night New Jersey)**

I think the **Aden and Anais Classic Muslin Swaddle** might be the most versatile thing I put in my airplane bag. My favorite use is as a drape over the car seat on the plane to encourage sleeping. It also doubles as a quick place to change baby or even feed baby if you're stuck in an airport for a while.

**Sarah (Good Night Hamilton)**

**Goodnight Little One** By Margaret Wise Brown is one of our favourite bedtime books. It has a very soothing and calming feel throughout it. The repetitive use of the phrase "close your eyes" helps the child prepare for bedtime. The illustrations also have a soft, tranquil feel, with images of sleeping animals and stars and moon, further helping the child to relax before they prepare for bedtime.

**Amanda (Good Night)**

Massage is helpful to include in your bedtime routine, and the calming scent of **Aveeno Baby Calming Comfort** lotion stays with them through the night. My guy sometimes will ask for it at night so it's always in my travel bag!

**Alanna (Founder) TOP PICKS**

During the Holidays hubby and I try and get a few nights out on our own. The **Angelcare AC1200 Baby Monitor For Smartphone** allows you to check in on your little one from wherever you are.

When you are away and room sharing with your baby every noise it to be avoided. **The Latchy Catchy** is the perfect solution to help you escape quietly and keep baby sleeping peacefully.

Things to pack for your little one can add up so it's important to use the perfect overnight bag and I love all things **Lug**. Stylish, functional, and of great quality, it's the perfect addition to your next family trip.

